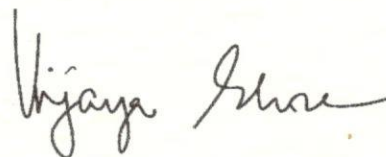


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World Record

Under the auspices of Headquarters, Integrated Defence Staff (HQ-IDS), a team of 10 members from Indian Army, Navy and Air Force, led by Wg Cdr Paramvir Singh, successfully undertook the '**Ganga Avahan Expedition 2015**', a 2,800 km long swimming-cum-rafting expedition covering the entire length of Ganga, starting from Devprayag, Uttarakhand on Oct 8, 2015 and culminating at Frazer Ganj, West Bengal on Nov 19, 2015. First such expedition on Ganga, it had three swimmers Wg Cdr Paramvir Singh, Sgt Gullupili Narhari and Sgt Saripilli Srihari covering the distance in relay format, accompanied by others in a manual raft. The rafters included Flt Lt Manoj Kumar, Sgt Arun Singh Naruka, Sgt TP Anil Kumar, Hav Ashok Kumar, Nk Virendra Kumar Singh, LS Bikesh Kumar and LAC Amrendra Vats in addition to the three swimmers who rafted as well. The event promoted the Swachh Bharat Mission and Beti Bachao Beti Padhao movement.



Vijaya Ghose
Editor, Limca Book of Records

